

PRESS

# RELEASE



## BRUSSELS UNIVERSITY HOSPITAL (H.U.B) INAUGURATES A SPACE DEDICATED TO OUTPATIENT HYSTEROSCOPIES

**Brussels, 13/02/2025** —The Brussels University Hospital (H.U.B) is pursuing its commitment to women's health by opening a new space dedicated to outpatient hysteroscopies, thereby enabling operative procedures to be carried out immediately during a consultation. This initiative makes the H.U.B the third French-speaking reference centre in this field in Belgium, after Liège and Saint-Pierre university hospitals.

### OPTIMAL AND WELCOMING CARE FOR PATIENTS

A hysteroscopy is a medical procedure that consists of introducing a small tube through the cervix that is connected to a camera known as a hysteroscope. This examination permits an immediate visual exploration of the uterine cavity and can include precise surgical procedures without the need for an incision. Out of a constant desire to provide quality care, the H.U.B proposes complete, personalised treatment that respects the needs of patients. This new unit enables the patient to choose between a number of procedures that are adapted to the pain tolerance of the individual. Patients benefit from the attentive support of the medical teams within an infrastructure designed for their well-being. A soothing decor and innovative technologies, such as the use of virtual reality headsets, enable patients to be placed under hypnosis as an alternative to a traditional anaesthetic.

### FURTHER PROGRESS TOWARDS AN EFFECTIVE OUTPATIENT MEDICINE

This initiative is in keeping with the H.U.B's desire to modernise its medical practices by favouring a lighter and more fluid treatment without hospitalisation for the benefit of patients. However, the traditional option of surgery in the operating room under a general anaesthetic remains available for those who prefer it.

### RECOGNISED MEDICAL EXPERTISE

The H.U.B can count on a dedicated team who are highly qualified in hysteroscopy techniques and trained in the latest technologies. This enables them to carry out precise and safe procedures for a range of indications: suspected uterine polyp or fibroid; uterine cavity assessment; removal or repositioning of an intrauterine device; investigation of abnormal bleeding (not period or post-menopausal bleeding). This expertise also benefits all patients following a programme of Medically Assisted Reproduction (MAR) at the H.U.B.'s Fertility Clinic and this for a number of indications, including : repeated embryo implantation failure; development and treatment of suspected lesion during SIS procedure; targeted biopsy to exclude chronic endometritis

### A CONSTANT DESIRE TO INVEST

As a leading university hospital, the H.U.B places quality and performance in the service of its patients, in its specialised activities as well as its consultations. This openness of approach is testimony to a continuous drive for medical innovation to meet present and future health needs

**Dr. Ludovica Imperiale, Head of the H.U.B Bleeding Clinic :** *"We are particularly enthusiastic about the prospect of opening this new space dedicated to minimally invasive intra-uterine surgery. The ability to carry out surgical procedures without a general anaesthetic in a protected and welcoming environment enables patients to choose how they prefer to be treated in total safety."*

### PRESS CONTACTS

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## ABOUT THE ERASMUS HOSPITAL

The Erasmus Hospital is located on the Erasmus hospital-faculty campus, which includes the Faculty of Medicine (about 3500 students), the Faculty of Motor Sciences (about 1100 students) and the School of Public Health (about 600 students). Opened in 1977 and with a capacity of 1,048 beds, the hospital receives 25,000 to 30,000 inpatients annually and has 350,000 to 400,000 consultations. More than 4,000 members of staff, in 80 different professions, contribute on a daily basis to providing care under the sign of ambition, excellence and well-being. The Lothier Polyclinic and 2 external centres (the Traumatology and Rehabilitation Centre - CTR and the Geriatric Revalidation Centre - CRG) complete the care offer.

[www.erasme.ulb.ac.be](http://www.erasme.ulb.ac.be)

## ABOUT THE JULES BORDET INSTITUTE

An integrated multidisciplinary centre, the only one of its kind in Belgium, the Jules Bordet Institute is an autonomous hospital dedicated exclusively to cancerous diseases. During the past 80 years the Jules Bordet Institute has been offering its patients diagnostic and treatment strategies at the leading edge of progress to prevent, detect and actively fight cancer. The Institute pursues three missions: care, research and teaching. The Institute's international reputation attracts leading experts in the field of cancer. Its spirit of innovation has enabled it to participate in the development and discovery of new methods of diagnosis and major treatment innovations, with the aim of translating the results into improved patient care as rapidly as possible. In May 2028, the Jules Border Institute was officially awarded, for the second time, OEI (Organisation of European Cancer Institutes) accreditation as a "Comprehensive Cancer Center", a quality label reserved for multidisciplinary cancer care institutions that combine research and training. The Jules Bordet Institute is the only Comprehensive Cancer Centre with OEI accreditation in Belgium. On 28 November 2021, the Jules Bordet Institute opened its new building on the ULB university campus in Anderlecht with 80,000 m<sup>2</sup> fully dedicated to leading edge cancer care, research and training, as well as a patient well-being centre. It offers 250 hospitalisation beds and 43 day hospitalisation beds. The Jules Bordet Institute is also part of the H.U.B., the University Hospital of Brussels, which includes the Erasmus Hospital, the Jules Bordet Institute and the Queen Fabiola Children's Hospital. Thanks to new investments, this internationally renowned university hospital group is able to guarantee high quality care accessible to all combined with excellence in research and training.

[www.bordet.be](http://www.bordet.be)

## ABOUT THE CHILDREN'S HOSPITAL

The Queen Fabiola University Children's Hospital is the only Belgian hospital exclusively dedicated to children and adolescents. By doing everything possible for the well-being of children, our hospital contributes to their being actors of their own development and to their blossoming in society. The hospital's mission is to: care for and support children, adolescents and their families through comprehensive, multidisciplinary, humanistic and excellent care; provide high-level teaching and research through a continuous process of innovation and development of knowledge; contribute actively to health education. The Children's Hospital in figures: 183 beds, nearly 135,000 consultations, more than 36,000 emergency admissions and more than 41,000 days of hospitalisation per year. More than 3,700 operations are performed in the operating area each year. More than 1,000 people work there today, representing 750 FTEs (full-time equivalents), including 170 FTE doctors (52.5 post-graduate FTEs) and 440 FTE nurses and paramedics.

[www.hud erf.be](http://www.hud erf.be)

## ABOUT THE H.U.B

The Hôpital Universitaire de Bruxelles (H.U.B) is the academic hospital of the Université Libre de Bruxelles (ULB), which unites the Jules Bordet institute, the Erasme Hospital and the Queen Fabiola Children's University Hospital (HUDERF) since 2021. As an international reference center, located in the heart of the Brussels Region, the H.U.B offers high quality general, oncological and pediatric care. This excellent care, accessible to all, is enriched and sustained by a dual approach of scientific research and teaching for the caregivers of tomorrow. In 2022, the H.U.B. is composed of more than 6,000 employees who share the following values: Interest of the patient, Respect, Commitment, Solidarity, Diversity and Inclusion, and the principle of Free enquiry.

[www.hubruxelles.be](http://www.hubruxelles.be)